

SPRING 2025

# GUILFORD

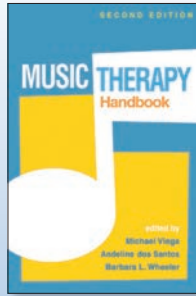
## EXPRESSIVE THERAPIES

**15% Off  
All Titles**  
Through  
6/30/2025

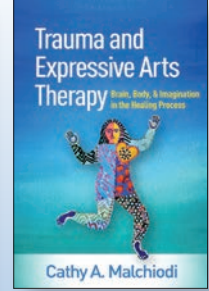
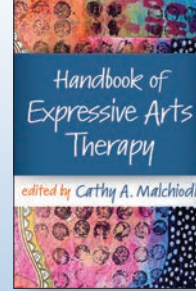
PROMOTIONAL CODE:

**DMSET5**

### New Editions



### From Cathy Malchiodi



### Guilford Press

370 Seventh Avenue, Suite 1200  
New York, NY 10001-1020  
www.guilford.com  
800-365-7006

SPRING 2025

# GUILFORD

## EXPRESSIVE THERAPIES

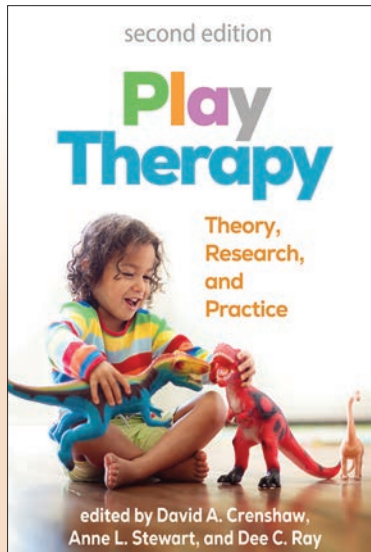
**15% Off  
All Titles**

Through 6/30/2025  
Promotional Code  
DMSET5

### New Edition

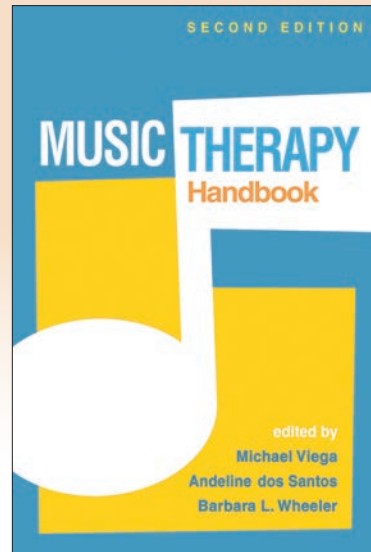
“Covers an extensive range of contemporary topics that are crucial for making informed treatment decisions and shaping the future of play therapy.”

—Mary Anne Peabody, EdD, LCSW, RPT-S



### New Edition

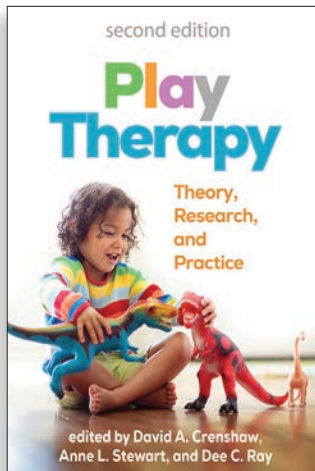
“This gem of a handbook will be treasured by music therapists, instructors, and internship supervisors who want to take a deep dive into current topics and approaches in music therapy.” —Joanne Loewy, DA, LCAT, MT-BC



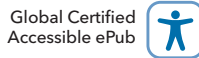
**Both Print and E-books Available**

**Professors: Finding the Best Text for Your Course Is Easy! (see inside)**

15% OFF



2025, 7" x 10" Paperback, 580 Pages  
ISBN 978-1-4625-5607-6, \$65.00



**ABOUT THE EDITORS**

**David A. Crenshaw, PhD, ABPP, RPT-S**, is Chief of Clinical Services (Emeritus) at the Children's Home of Poughkeepsie, NY.  
**Anne L. Stewart, PhD, RPT-S**, is Professor of Clinical Psychology at James Madison University.  
**Dee C. Ray, PhD, LPC-S, NCC, RPT-S**, is Regents Professor and Elaine Millikan Mathes Professor in Early Childhood Education in the Counseling Program and Co-Director of the Center for Play Therapy at the University of North Texas.

**New Edition—A Major Revision!**

**Play Therapy**  
**SECOND EDITION**

*Theory, Research, and Practice*

Edited by **David A. Crenshaw, PhD, Anne L. Stewart, PhD**, and **Dee C. Ray, PhD**  
Foreword by **Stuart Brown, MD**

**N**ow in a significantly revised second edition featuring 85% new material, this authoritative play therapy reference and text comprehensively reviews the current state of the field. Expert contributors describe theoretical foundations, showcase widely used clinical approaches, and explore challenging and timely professional issues. The book presents vivid case illustrations and synthesizes the play therapy research base.

**NEW TO THIS EDITION:** ✓ Chapters on Gestalt play therapy, prescriptive play therapy, group play therapy, and nature-based play therapy. ✓ Chapters on racial trauma, chronic illness, depression and suicidality, and attachment trauma. ✓ Chapters on working with infants and parents, immigrant children and families, and LGBTQIA+ youth. ✓ Chapters on telemental health, resilience, parent consultation, and working within child protection and legal systems. ✓ Enhanced focus on research, with new coeditor Dee C. Ray bringing particular expertise.

“I have used this book with my graduate-level play therapy students for many years because of its comprehensive nature, and welcome the release of the second edition....Covers an extensive range of contemporary topics that are crucial for making informed treatment decisions and shaping the future of play therapy.”  
**—Mary Anne Peabody, EdD, LCSW, RPT-S**

“Play is nature’s balm—it heals, builds, produces insights, and is the foundation for psychological resilience. Here we have an extraordinarily comprehensive, wonderfully written compendium of theory, practice, and research on the therapeutic uses of play.”  
**—Peter Gray, PhD**

**CONTENTS**

Foreword, <i>Brown</i>	<b>III. Changes, Challenges, and Emerging Developments in Play Therapy</b>	<b>IV. Play Therapy with Special Populations</b>
<b>I. Seminal Theories of Play Therapy</b>	15. Multiculturalism and Cultural Humility in Play Therapy, <i>Taylor &amp; Turner</i>	28. Facilitating Parental Attunement in Infant Play Therapy, <i>Courtney</i>
1. Child-Centered Play Therapy, <i>Ray &amp; Landreth</i>	16. Play Therapy Supervision, <i>Lindo &amp; Carr</i>	29. Play Therapy with Adolescents, <i>Gardner</i>
2. Theraplay®, <i>Booth et al.</i>	17. Research in Play Therapy, <i>Ray</i>	30. Play Therapy with Adults, <i>Thomas</i>
3. Adlerian Play Therapy, <i>Kottman &amp; Ashby</i>	18. Neuroscience Informs Play Therapy Theory and Practice, <i>Gaskill &amp; Brown</i>	31. Play Therapy and ADHD, <i>Tucker</i>
4. Psychodynamic Play Therapy, <i>Mordock</i>	19. Ethics in Play Therapy, <i>Ashby et al.</i>	32. Using Play Therapy for Children’s Anxiety, Fear, and Phobias, <i>Cavett</i>
5. Gestalt Play Therapy, <i>Carroll</i>	20. Telemental Health Play Therapy, <i>Stone &amp; Altvater</i>	33. Play Therapy and Depression and Suicidality in Children and Adolescents, <i>Burgin &amp; Niles</i>
6. Jungian Analytical Play Therapy, <i>Lilly</i>	21. Resilience in Trauma-Informed Play Therapy, <i>Crenshaw &amp; Asam</i>	34. Implementing Play Therapy with Neurodivergent Children, <i>Grant &amp; Hull</i>
7. Cognitive-Behavioral Play Therapy, <i>Knell</i>	22. Using Play Therapy to Heal the Hidden Wounds of Racial Trauma, <i>Marrero</i>	35. Play Therapy with Disruptive Behavior in Children and Adolescents, <i>Crenshaw &amp; Doyle</i>
8. Filial Therapy, <i>Bratton et al.</i>	23. Parent Consultation and Paradigm Shifts in Play Therapy, <i>Goodyear-Brown</i>	36. Play Therapy with Immigrant Children and Families, <i>Ceballos &amp; Aguilar</i>
<b>II. Approaches to Play Therapy</b>	24. Play Therapy Practice in the Schools, <i>Blanco &amp; Holliman</i>	37. Healing Attachment Trauma in Child-Centered Play Therapy, <i>Swan &amp; Bratton</i>
9. Prescriptive Play Therapy, <i>Drewes</i>	25. Systemic Applications, <i>Kenney-Noziska</i>	38. Treatment of Child Sexual Abuse, <i>Shelby</i>
10. Animal-Assisted Play Therapy®, <i>VanFleet &amp; Faa-Thompson</i>	26. Play Therapy for Children with Chronic Illnesses, <i>Loftin &amp; Opiola</i>	39. Working with LGBTQIA+ Youth in the Playroom, <i>Smelser</i>
11. Family Play Therapy, <i>Gil &amp; Baima</i>	27. The Practice of Being Present, <i>Badenoch</i>	
12. Sand Therapy as a Play Therapy Experience, <i>Homeyer &amp; Lyles</i>		
13. Group Play Therapy, <i>Cheng &amp; Ray</i>		
14. Nature-Based Play Therapy, <i>Stewart et al.</i>		

**Contributor Details:** [www.guilford.com/p/crenshaw](http://www.guilford.com/p/crenshaw)

15% OFF

**Want to save even more?** Join the **Guilford Customer Club** for exclusive perks, including free U.S. shipping, 25% off your next order, a 20% off year-round discount, insider deals, and more! (Restrictions apply.)  
[www.guilford.com/club](http://www.guilford.com/club)

**Use Promotional Code DMSET5 for 15% Off Through 6/30/2025**  
[www.guilford.com](http://www.guilford.com)

**Do you have a bulk order?** Call (800) 365-7006, ext. 1 for personalized service.

15% OFF

**New Edition—A Major Revision!**

## Music Therapy Handbook, SECOND EDITION

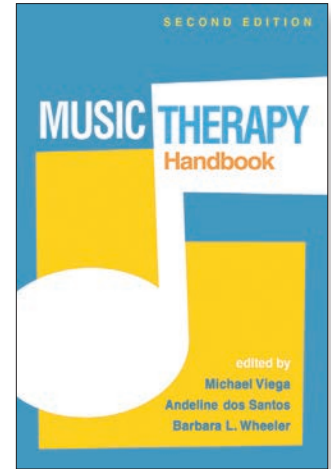
Edited by **Michael Viega, PhD, Andeline dos Santos, DMus, MA,**  
and **Barbara L. Wheeler, PhD**

**R**ich with case material, the second edition of this respected text has been thoroughly revised with many new contributing authors and 85% new material. The *Handbook* comprehensively explores music therapy theory, research, and practice. Chapters cover foundational concepts and therapeutic processes, major approaches to practice, and clinical applications with people of all ages. Expert contributors describe state-of-the-art practices for using music to foster clients' well-being and recovery in a broad range of mental health, medical, and community settings.

**NEW TO THIS EDITION:** ✓ Expanded coverage of working with marginalized communities, including racially minoritized, refugee, LGBTQIA+, and neurodiverse clients, and an increased emphasis on therapist reflexivity. ✓ Provides an integrated conceptual framework for understanding different music therapy approaches. ✓ First edition editor Barbara L. Wheeler is joined by Michael Viega and Andeline dos Santos, who bring fresh perspectives and a more international scope.

“The second edition of this gem of a handbook will be treasured by music therapists, instructors, and internship supervisors who want to take a deep dive into current topics and approaches in music therapy.”  
—Joanne Loewy, DA, LCAT, MT-BC

Coming in June



June 13, 2025  
7" x 10" Paperback, 534 Pages  
ISBN 978-1-4625-5692-2, \$65.00  
Hardcover:  
ISBN 978-1-4625-5749-3, \$98.00



**Textbook**

Free digital course review copies:  
[www.guilford.com/professors](http://www.guilford.com/professors)



Global Certified  
Accessible ePub

### ABOUT THE EDITORS

**Michael Viega, PhD, LCAT, MT-BC**, is Associate Professor of Music Therapy at Montclair State University.

**Andeline dos Santos, DMus, MA**, is Senior Lecturer in Music Therapy and Research Coordinator for the School of the Arts at the University of Pretoria, South Africa.

**Barbara L. Wheeler, PhD, MT-BC**, is Professor Emeritus at Montclair State University, where she taught from 1975 to 2000.

### CONTENTS

#### I. Foundational Overview

1. Overview of Music Therapy (MT) as a Profession
2. Aesthetics in MT
3. MT and the Brain
4. Ethics in MT
5. MT Treatment Process
6. MT Research

#### II. Approaches to Practice

7. A Framework for Conceptually Locating MT Practice
8. Outcomes in MT Practice
9. Experience-Oriented Approaches in MT
10. Ecological Approaches to MT

#### III. MT Practices

##### A. Development, Identity, and Facets of Human Diversity

11. MT and Childhood Development
12. MT, Children, and Complex Trauma
13. Embracing Multiplicities
14. MT and Disability
15. MT, Autism, and Neurodiversity
16. MT, Healthy Aging, and Dementia

17. MT and Spirituality

##### B. MT and Mental Health

18. MT as a Resource for Mental Health
19. MT and Substance Use Disorders
20. MT and Trauma
21. MT, Stress, and Anxiety
22. MT and Veterans and Military Members

##### C. MT and Ecological Practices

23. MT with Refugees
24. Community MT with Violence-Affected Youth
25. MT and Working with Court Systems
26. MT and Family Systems Theory
27. Environmental MT in Hospital Environments

##### D. MT and Medical Practices

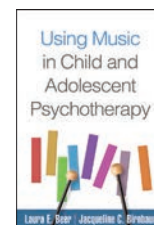
28. MT for Specific Medical Conditions
29. MT for Rehabilitation of Acquired Neurological Conditions
30. MT for Pain Management
31. MT for Procedural Support
32. MT in Intensive Care
33. MT at the End of Life

**Contributor Details:** [www.guilford.com/p/viega](http://www.guilford.com/p/viega)

## Using Music in Child and Adolescent Psychotherapy

Laura E. Beer, PhD and Jacqueline C. Birnbaum, MSEd, MA

Rich case vignettes show how to use singing, drumming, listening to music, and many other strategies to connect with hard-to-reach children, promote self-regulation, and create opportunities for change. The book offers detailed guidelines for addressing different clinical challenges, including attachment difficulties, trauma, and behavioral, emotional, and communication problems.



“An indispensable resource.”  
—Carol Ann Blank, PhD

2019 • 200 Pages  
6" x 9" Paperback  
ISBN 978-1-4625-3914-7  
\$36.00

**Add the e-Book  
for 20% of the Print List Price!**

**How could this deal get even better?**

You get all available [guilford.com](http://www.guilford.com) e-book formats with your purchase.  
Only at [www.guilford.com](http://www.guilford.com)

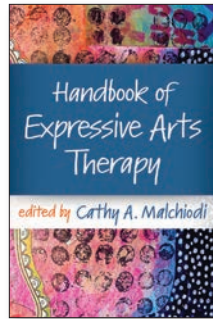
**Print +  
e-Book  
Savings!**

15% OFF

## Handbook of Expressive Arts Therapy

Edited by **Cathy A. Malchiodi, PhD**

This authoritative and comprehensive volume explains how to integrate movement, sound, art, play, imagery, drama, and other multisensory practices into psychotherapy. Pioneering therapist Cathy A. Malchiodi and other leading experts demonstrate ways to combine a wide range of expressive approaches to help clients explore feelings and thoughts that are often difficult to access verbally. Rich case examples illustrate what these modalities look like in action.



2023 • 334 Pages  
7" x 10" Paperback  
ISBN 978-1-4625-5052-4  
\$47.00

Global Certified Accessible ePub

### CONTENTS: I. Foundations of Expressive Arts Therapy (EAT)

1. What Is EAT? 2. Frameworks for EAT 3. Attunement in Expressive Arts 4. Bridging Arts and Science in EAT **II. Core Practices and Methodology** 5. The Integrative Process of EAT 6. Person-Centered EAT 7. Focusing-Oriented EAT 8. Trauma-Informed EAT 9. Playing through an Expressive Lens 10. Narrative EAT 11. EAT and Mindfulness **III. Integrating the Expressive Arts in Therapy** 12. Sandtray and Expressive Arts in Child Psychotherapy 13. Bilateral Body Mapping with Guided Drawing 14. Meeting the Moment 15. Polyvagal-Informed Dance/Movement Therapy 16. The Dancing Mindfulness Approach to EAT 17. Integrative Drama Therapy in the Treatment of Trauma 18. Integrating Creative Writing and Expressive Arts

**Contributor Details:** [www.guilford.com/p/malchiodi9](http://www.guilford.com/p/malchiodi9)

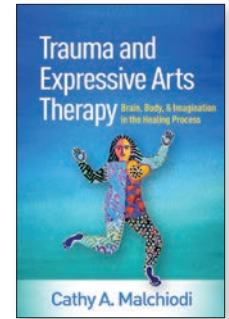
### ★ Bestseller

## Trauma and Expressive Arts Therapy

*Brain, Body, and Imagination in the Healing Process*

**Cathy A. Malchiodi, PhD**

This book synthesizes the breadth of research on trauma and the brain and presents an innovative framework for treating trauma through the expressive arts. The volume describes powerful ways to tap into deeply felt bodily and sensory experiences as a foundation for safely exploring emotions, memories, and personal narratives. Malchiodi's approach not only enables survivors to express experiences that defy verbalization, but also helps them to transform and integrate the trauma, regain a sense of aliveness, and imagine a new future.



Companion Website

**Includes Reproducible Materials & 26 Color Figures (Available Online)**

2020 • 406 Pages  
6 7/8" x 9 1/4" Hardcover  
ISBN 978-1-4625-4311-3  
\$49.00

**CONTENTS:** Preface 1. Expressive Arts Therapy (EAT): Going Beyond the Limits of Language 2. Frameworks for EAT and Trauma-Informed Practice 3. A Brain-Body Framework for EAT 4. The Reparation Is in the Relationship 5. Safety: The Essential Foundation 6. Self-Regulation: Fundamentals of Stabilization 7. Working with the Body's Sense of Trauma 8. Trauma Narratives: Multiple Layers of Storied Expression 9. Resilience: Enhancing and Embodying Mastery and Competence 10. Meaning Making: Imagining New Narratives for Brain and Body **Appendices**

## ORDERING INFORMATION

Be sure to use the promotional code (at right) when you order to receive 15% off.

- **Online:** [www.guilford.com](http://www.guilford.com)
- **Toll-Free:** (800) 365-7006
- **Download and print an order form** [www.guilford.com/orderform](http://www.guilford.com/orderform)

### Satisfaction Guaranteed

30-Day No-Risk/Full-Return Privilege  
• You may return Guilford books (undamaged) within 30 days of receipt for a full refund.

The prices displayed in this brochure are suggested retail prices for the book that we believe to be charged by retailers, and are valid in the U.S. and Canada. The 15% discount offered in this brochure will be applied to the suggested retail prices of a book when you order directly from Guilford with promotional code DMSET5. Similarly, special offers are valid in the U.S. and Canada only.

Please Recycle

**15% OFF** | Promotional Code **DMSET5**  
Expiration Date: 6/30/2025

### Finding the Best Text for Your Course Is Easy!

Guilford provides **free digital professor copies** (also known as inspection copies, evaluation copies, examination or exam copies, desk copies, and review copies) to college and university instructors in the U.S. and Canada for course adoption consideration. Go to [www.guilford.com/professors](http://www.guilford.com/professors) for more information and to request professor copies.

### Sign Up & Save!

Receive exclusive offers via email—plus book news, downloadable sample chapters, free journal articles, and more: [www.guilford.com/emails](http://www.guilford.com/emails)

### Request a Catalog

View and print more subject catalogs at [www.guilford.com/request-catalogs](http://www.guilford.com/request-catalogs)

Want **FREE Shipping?** Join Now!

## GUILFORD CUSTOMER CLUB

As a club member, you'll receive these exclusive benefits

- Free to Join
- Free U.S. Shipping
- 25% Off Next Order
- 20% Off Year-Round Member Discount
- Access to Members-Only Offers

Club discounts cannot be combined with other discounts and promotions and apply only to eligible items.



Enrolling is Easy as 1-2-3 at [www.guilford.com/club](http://www.guilford.com/club)

## GUILFORD PRESS

370 Seventh Avenue, Suite 1200 • New York, NY 10001-1020 • Toll-Free: (800) 365-7006 • [www.guilford.com](http://www.guilford.com)