

## HANDOUT 5.1

# Path-Finding Tool

**Directions:** Use this form to help you narrow down one topic from among several of your ideas for a single session. It can also be used to help you find a few broader areas to focus on for your entire coaching arrangement.

Write one topic in each of the hexagons provided. (Use a few or all of the hexagons.) Then, you might want to prioritize your topics numerically. (Use the small boxes.) Afterward, you and I (your coach) will have a conversation to help clarify your chosen topic for exploration and work.

The form consists of a central illustration of a winding path between two trees. Surrounding this central image are ten empty hexagons arranged in a circular pattern. Each hexagon has a small square box attached to its top edge, intended for writing a topic and a numerical priority.