

# Trust Star Worksheet

There are many different types of trust (for example, keeping secrets, being reliable). In the blanks below, list all the different types of trust you can think of. Then think about one particular person. Write in your relationship with them here: \_\_\_\_\_. If you cannot think of a family member or friend, think of someone in whom you must place your trust, like a doctor, mechanic, or bus driver. Put a star by the most important types of trust for that person. Then fill in the star by writing a type of trust on the line along the star and putting an "X" on the line indicating how much you trust them with that type of trust. If you don't know, put the "X" just inside the "no information" circle. Does this person need to be trustworthy in every way? What about the most important ways? Would you trust this person to pull your tooth, cut your hair, fix your car?

## Types of Trust

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

